



Relationships Australia
CANBERRA & RE | N

Every relationship matters.

Gambling harm means so much more than losing money

It is also



Losing sleep because of gambling



Feeling anxious that someone will find out about your situation



Fighting with your family or friends because of gambling



Being distracted from work or school by thoughts of gambling and so much more



Hiding your situation because you are ashamed

Free and confidential support is available
call the 24/7 support line **1800 858 858**



ACT GAMBLING
SUPPORT SERVICE